

P2 IS IN THE HOUSE!

Protect the quality of the water, soil, and air by reducing the amount of pollution generated in your home. Even though you may not be aware of it, you are probably already practicing **pollution prevention** (“P2”). When your sink gets clogged up, and you use a plunger to unclog it instead of commercial drain cleaner, you are practicing **P2**.

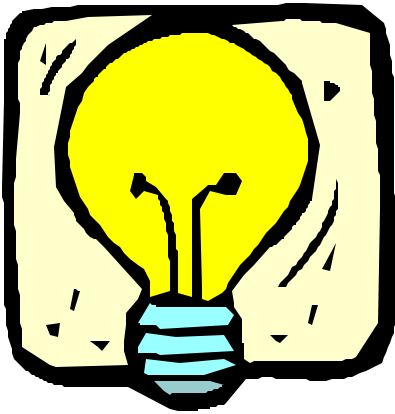
P2 in the home means considering **alternative cleaning methods**, such as using home-made cleaning supplies made from simple “ingredients” found around the house.

Here are some **recipes for success**:

“The Earth Redeemer” All-Purpose Cleaner: Use baking soda and water or undiluted white vinegar in a spray bottle.

“Better than Dynamite” Drain Opener: Pour ¼ cup baking soda down the drain, then add 2 oz. Vinegar. A plunger or snake may also do the job. Try a preventative technique to fight grime from accumulating by pouring boiling water down drains on a weekly basis.

“The No Gas Mask Required” Over Purifier: Pour salt on spots as they occur and wipe while your oven is warm. Prevent those beastly black spills by using drip pans when cooking food. By adopting simple **energy-saving techniques**, such as



turning off lights and using energy-efficient appliances, your household can help **improve air and water quality**. Reducing your household's electricity consumption can help decrease the amount of coal and other “air-polluting” fossil fuels burned to generate electricity. It also **lowers your monthly energy bill**.

A few proven tips for saving energy include:

Replace incandescent lights with energy-efficient fluorescent lighting. They cost more to buy, but last up to 10 times longer and use about ¼ of the energy. Over its lifetime, a compact fluorescent bulb will save emissions of about 500 pounds of carbon dioxide (a chief greenhouse gas) and 5 pounds of sulfur dioxide, a greenhouse gas that also contributes to acid rain.

Use the more efficient microwave instead of heating up your larger oven for small meals.

Turn your water heater down. Most households don't need extremely hot water. Turning your water heater – usually the home's second largest energy user – down to 120 degrees can save a lot of energy, and money too (up to \$50 a year).