

FOR IMMEDIATE RELEASE

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Spare The Air Begins May 1st

(Davis, CA) – Join us as we kick-off the 2022 Spare The Air season this Sunday, May 1st in Davis at Loopalooza. Meet Spare The Air mascot "Scooter" at the District booth located near Holmes Jr. High School, between 10:30am and 12:30pm, and learn how you can do your part to Spare The Air this summer. The Yolo-Solano Air Quality Management District encourages residents to sign up for air quality alerts at http://ysaqmd.enviroflash.info/ and help reduce vehicle emissions by driving less on "Spare The Air" days.

"Receiving a Spare The Air Alert is one more tool to help you to protect yourself and your family. Your actions on these days can also help reduce emissions in our region that contribute to ozone levels," said Executive Director Mat Ehrhardt. "These alerts also allow you make better health decisions for you and your loved ones regarding whether to be active outside, or to notify those who may have compromised health."

Northern California summers are full of hot and sunny days, which produce greater quantities of ground-level ozone or "smog." When ozone pollution is high, even healthy people can experience negative impacts. Temporary symptoms may include irritation of the eyes, nose or throat, coughing, chest tightness or breathing difficulties during exercise or outdoor activities.

On days when the Air Quality Index (AQI) is regionally forecast to reach 126 or higher, a Spare The Air alert is issued. When an alert is issued, residents can do their part by:

- Walking or riding a bike for short trips, especially in the morning when ozone pollution is at its lowest.
- Taking public transit it's easy on the air and the wallet.
- Sharing a ride with a co-worker or friend.

Learn more tips to do your part at www.sparetheair.com. Connect with the District on Facebook at: www.facebook.com/YoloSolanoAir, on Twitter at: www.twitter.com/YoloSolanoAir or at www.ysagmd.org.