

## FOR IMMEDIATE RELEASE

August 18, 2022

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## Spare The Air Alert Issued for Friday, August 19, 2022

(Davis, CA) – A Spare The Air alert has been issued for Friday, August 19, 2022. As high temperatures persist, this alert comes three days after the region saw its first Spare The Air Day of the season. The ground-level ozone pollution for the Sacramento region is expected to reach 133, which is Unhealthy for Sensitive Groups. Several factors have contributed to the increased levels of ozone expected in the region, including light winds, temperatures over 100F and lingering thindensity smoke from the Six Rivers Complex Fires.

This alert includes the air districts in Placer, Feather River, El Dorado, Sacramento Metropolitan and Yolo-Solano. The Yolo-Solano Air Quality Management District supports all of Yolo County and portions of Solano County that include Dixon, Vacaville, and Rio Vista.

Air pollution affects everyone, even people who are healthy or exercise. Residents who are sensitive to air quality are advised to stay indoors and reduce their outdoor activity to lower their exposure. Residents can help reduce ozone pollution by driving less, preventing unhealthy levels of ozone pollution from forming. Carpooling, riding transit, telecommuting, trip-linking, bicycling, and walking are excellent ways to reduce driving.

Ground level ozone is created by chemical reactions between nitrogen oxide and volatile organic compounds in the presence of sunlight. Due to the bowl-like shape of the Sacramento Valley, ozone pollution becomes trapped close to the ground and in the air people breathe. Almost 70% of the region's ozone pollution comes from cars, trucks, locomotives, buses, motorcycles, and agricultural and construction equipment.

Learn more tips to do your part at <a href="www.sparetheair.com">www.sparetheair.com</a>. Connect with the District on Facebook and Twitter @YoloSolanoAir. Sign up for air quality alerts and visit the District website at <a href="www.ysaqmd.org">www.ysaqmd.org</a>.

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